



QUARTERLY REPORT 2020

July-September

CO-FOUNDER'S SPEECH

We have all been struggling with a global pandemic but in these few months. Also the situation has impacted us mentally and we are emotionally drained with the information on our nearest one coming out to be COVID positive.

Despite the circumstances, YoSHAN has shifted its work online as other youth led networks, initiatives and individuals.

We are glad to share with you our report for the 3rd Quarter of 2020 and the efforts we along with our Youth Champions have put to ensure advocacy for and access to sexual and reproductive health services, especially safe abortion, along with raising awareness and building capacity.

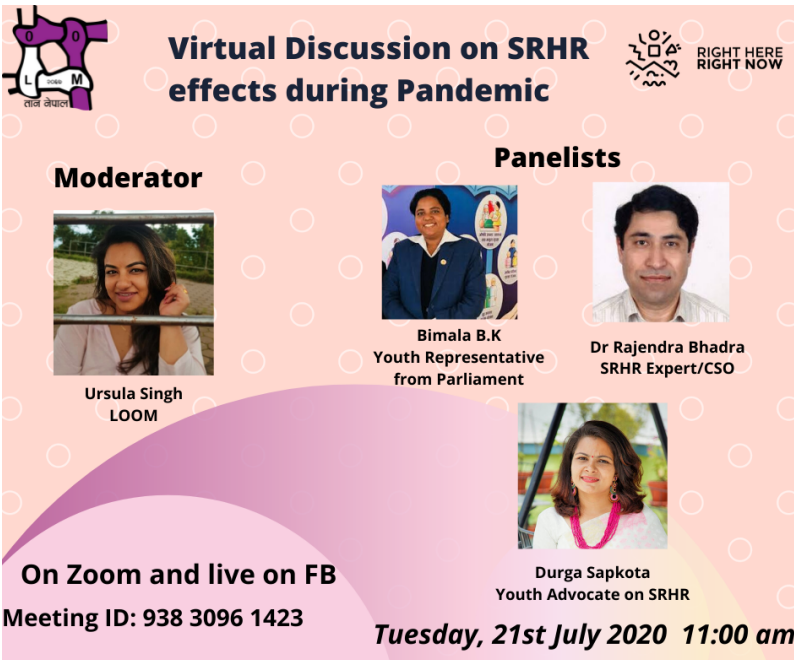
CO-FOUNDER



VIRTUAL DISCUSSION ON SRHR EFFECTS DURING PANDEMIC

The outbreak of pandemic Covid-19 all over the world has disturbed the political, social, economic, religious and financial structures of the entire world. Nepal has also faced severe lockdown affecting people. Women and girls are affected and access to health services has been deprived by the pandemic and lockdown. The ongoing COVID-19 pandemic and lockdown in Nepal have largely disrupted access to SRH service. WHO has urged countries around the world to respect women's choices and rights to SRH care, regardless of COVID-19 status. YoSHAN joined hands with LOOM in organizing the panel discussions with the objective, by connecting the experts who have been active in the field of sexual and reproductive health for a long time with their expertise and suggestions through online medium.


Our co-founder Durga Sapkota was one of the panelists in the virtual discussion.




The poster is for a virtual discussion titled "Virtual Discussion on SRHR effects during Pandemic". It features a pink background with white polka dots. At the top left is the logo of the Ministry of Health and Family Welfare, Nepal. At the top right is the logo for "RIGHT HERE RIGHT NOW". The poster lists a Moderator, Ursula Singh from LOOM, and three Panelists: Bimala B.K. (Youth Representative from Parliament), Dr. Rajendra Bhadra (SRHR Expert/CSO), and Durga Sapkota (Youth Advocate on SRHR). It also provides the meeting ID (938 3096 1423) and the date and time (Tuesday, 21st July 2020, 11:00 am).


Virtual Discussion on SRHR effects during Pandemic


Moderator


Ursula Singh
LOOM

Panelists


Bimala B.K.
Youth Representative from Parliament


Dr Rajendra Bhadra
SRHR Expert/CSO


Durga Sapkota
Youth Advocate on SRHR

On Zoom and live on FB
Meeting ID: 938 3096 1423

Tuesday, 21st July 2020 11:00 am

INTERNATIONAL YOUTH DAY 2020

YOUTH ENGAGEMENT IN GLOBAL ACTION

YoSHAN collaborated with Family Planning Association of Nepal and Bhaktapur Youth Information Forum to organize a TikTok video contest to celebrate International Youth Day 2020. The video contests invited a TikTok video submission for young people on the theme "Youth Engagement for Global Action" or on Sexual and Reproductive health rights or comprehensive sexuality education issues but not limited to menstruation, contraception, abortion, early marriage, early pregnancy, life skills, substance abuse, etc. The young people are requested to upload their video in their TikTok account with #internationalyouthday2020.

We had received nearly 12 videos on various issues. All videos were posted in social media and the winners were announced on 12th Aug 2020.



"Youth Engagement for global action"

Call for Submission

TikTok video on the theme of International Youth Day 2020 or on sexual and reproductive health rights (SRHR) issues.

WIN UPTO RS. 4000/-

Deadline: 11th August
#InternationalYouthDay2020

JOIOFP IPPF International Planned Parenthood Federation FPAN Family Planning Association of Nepal YoSHAN

CUT & ACTION!!!



This scene is taken from popular web series. The post talks about how consent matters regardless of gender.

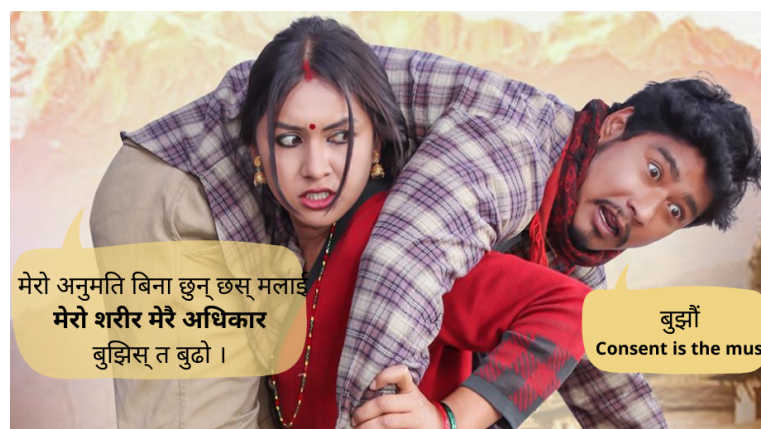
CUT AND ACTION!!

is a social media activism that YoSHAN organized in the month of August. YoSHAN selected various scenes from popular Nepali movies and developed a dialogue between characters in the issues related to consent, sex, contraceptives and abortion.

We observed that the followers of our page were receptive to the messages and the posts had amazing engagement and reach.

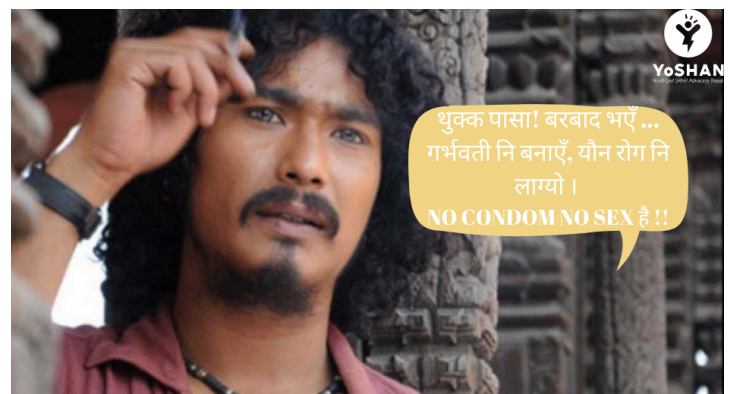


This scene is taken from popular movie. The post talks about how consent within marriage.

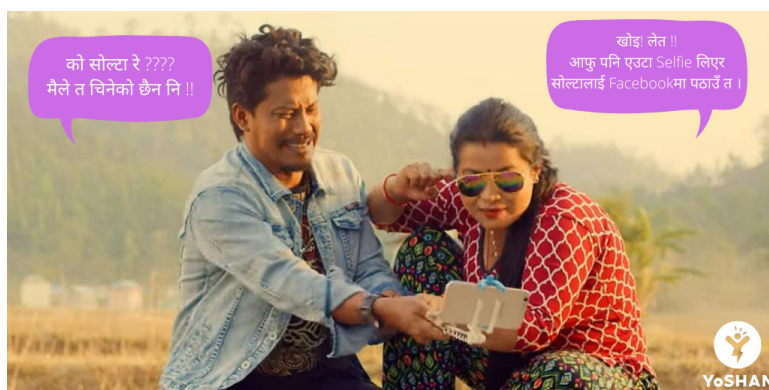




This scene is taken from an award winning movie. The post talks about safe abortion service.



This scene is taken from a movie which is popular among young people. The post talks about safe sex.



This scene is taken from a movie which is popular among young people. The post talks online safety and security.

28TH SEPT

GLOBAL DAY OF ACTION FOR ACCESS TO SAFE AND LEGAL ABORTION

BLOG SERIES

YoSHAN celebrated the month of September as the International Safe Abortion Day. We encouraged our youth champions from different cohorts to send us their creative writings in form of blogs, articles, interviews, experiences, stories and poems delivering messages on Abortion is an Essential service in pandemic like COVID19.

Every year in September we have observed that Nepali media whether it be print, digital or social media posts/covers deteriorating news on abortion which are mostly unauthentic. The popular pages in social media also project abortion news as sad news and creates rumors leading stigmatizing women seeking the service as well as service providers.

To flow evidence information on abortion, we have initiated the step to flood the month of September with blogs of Youth Champions. We received 15 blogs and we posted each alternate day in September.

Global Gag Rule and COVID19



YoSHAN's co-founder Ms. Shreejana Bajracharya on the occasion of September 28 Global Day of Action for Access to Safe and Legal Abortion shares her thoughts on how Global Gag Rule is affecting women in the pandemic COVID19.

Nepal has been adversely effected by the expansion of Global Gag Rule, now we are hit by a pandemic where sexual and reproductive health rights are ignored. Our healthcare system has been negatively impacted by the Global Gag Rule to expand the availability of health care services, created major funding gaps, halted the work of US-funded programs, dissolved collaborative partnerships, and silenced the voices of civil society organizations. The Global Gag Rule has

All Going To Be OK



Ms. Lirisha Tuladhar is our Youth Champion. Ms. Tuladhar is a passionate activist who works in women's right to safe and legal abortion service. Lirisha puts her writing into beautiful words to celebrate the Global Day of Action for Access to Safe and Legal Abortion.



Start writing or type / to choose a block

We had fallen in love...

Madly ... Deeply.. Truly..

WIN-EG CONFERENCE

ROLE OF WOMEN IN SOCIAL ACTIVITIES IN NEPALI SOCIETY

ROLE OF WOMEN IN SOCIAL ACTIVITIES IN NEPALI SOCIETY

The goal of the session is to shed light on social barriers that are inhibiting economic growth of Nepali and Nepali women. The male and female literacy rate in Nepal is 71.6% and 44.5% with a gender parity index (GPI) at 0.62. How will increasing the literacy rate of women lead to economic growth? In 2016, approximately 12% of deaths among women of reproductive age were classified as maternal deaths. How will a woman be economically empowered by learning about and having sexual and reproductive rights? Currently, only 29.6% of parliamentary seats are held by women. What will economic growth look like when Nepal has equal women's participation?



WOMEN IN NEPALI ECONOMIC GROWTH (WINEG 2020)

Session 2: Role of Women in Social Activities in Nepali Society
Event Date: September 11, 6 PM (Nepali Time)



Pabitra Majhi
Sahasi



Prakriti Bhattarai
Political Literacy for
Women



Shreejana Bajracharya
YoSHAN

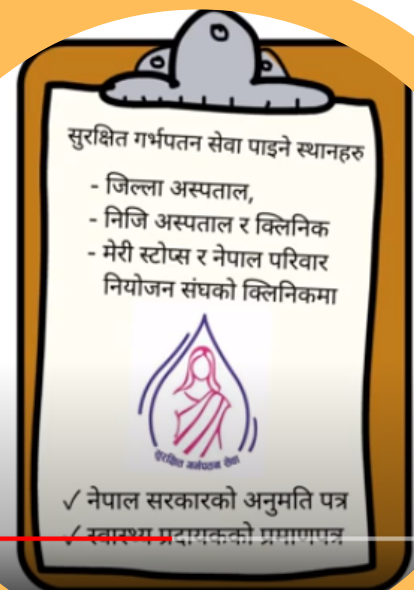
28TH SEPT

GLOBAL DAY OF ACTION FOR ACCESS TO SAFE AND LEGAL ABORTION

ANIMATED VIDEO ON SAFE ABORTION IN COVID19

YoSHAN in collaboration with Loom Nepal and Right Here Right Now network developed a script on safe abortion service availability and accessibility amidst of the pandemic. The video talks about the safe abortion laws in Nepal and where people who need abortion services can go to have quality and safe service.

We stressed on the message "Abortion is for all". And tried our best to be inclusive. You can find the video in our YouTube Channel.



People reached 1.8K
Engagement 1786
Views 5.1K

28TH SEPT

GLOBAL DAY OF ACTION FOR ACCESS TO SAFE AND LEGAL ABORTION

VIDEO CONTEST

YoSHAN, as a part of its Global Day of Action for Access Safe and Legal Abortion, 28th September campaign has launched a video contest that promotes factual information about safe abortion. The important objective of this contest is to raise awareness on #safeabortion as a human right and a healthcare. The aim of the contest is not to increase the number of abortions, but promote safe abortion as every Human Being's sexual and reproductive health rights.

We had received overwhelming number of video entries. We observed that young people have information on safe abortion and they are together with us to end abortion stigma. The videos were evaluated on the basis of creativity, content/matters, messages and overall presentation. There are two types of awards: Judge's Choice and Viewer's Choice. Under Judge's choice, the winner, first runner up and second runner up will receive NPR 5,000/-, NPR 3,000 /- and NPR 2,000 /- as cash prize respectively. For Viewer's Choice the winner will receive NPR 2,000.



CALL FOR VIDEO SUBMISSION

Make a short video on abortion rights and get a chance to win!!

#ABORTION
DEADLINE: 25TH SEPTEMBER

My Body
My Abortion

sept 28
ACCESSIBLE LEGAL SAFE

YoSHAN
Youth Led SRHR Advocacy Nepal

The poster features a film camera icon, three women standing together, and a globe with the date 'sept 28' and the words 'ACCESSIBLE LEGAL SAFE'. The YoSHAN logo is in the bottom right corner.

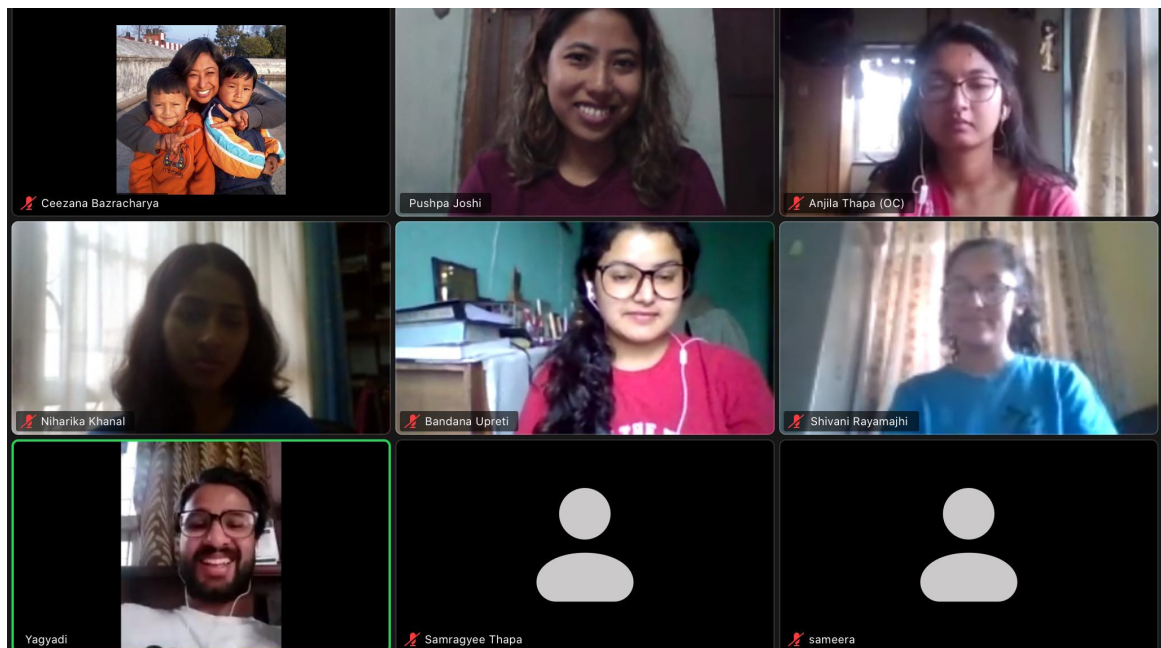
MEET & GREET

CELEBRATION WITH YOUTH CHAMPIONS

MEETING YOUTH CHAMPIONS VIRTUALLY

The main objective of the event was to meet our youth champions in virtual and check-in with each other's well being during the pandemic. There are around 75 youth champions in Nepal. Due to extended lockdown we were not able to meet in person and update on issues that we are fighting together.

This was in deed a fun meeting where we encouraged our youth champions to come -up with poems, songs and write-ups and share with the team.



SAFE ABORTION SESSIONS

YoSHAN was approached by a youth from Rupendehi to facilitate a session on sexual and reproductive health rights to his youth group. Mr. Tara Puri started his SRHR journey as peer educator in Family Planning Association of Nepal. He realized his youth group needs in-depth information on SRHR.

At YoSHAN, we decided to lead the session on safe abortion and orient the young people from Rupendehi on Safe Abortion is Human Right. There were 50 young people who participated in the online session. We organized the session in two shifts. 25 youths in each group.

To make the session interactive and engaging we also including statements on myths and facts on abortion. It was observed that young people are aware of safe abortion and its laws. But they have various misconception and stories related to the procedures and health services associated to abortion.

We were able to dismantle the pre-existing and values among young people about abortion service. We provided them information on how we need to have gender lens while discussing abortion issues. We received positive response and feedback from the participants. It was first experience for the youths to attend online session.

28TH SEPT

GLOBAL DAY OF ACTION FOR ACCESS TO SAFE AND LEGAL ABORTION

PANEL DISCUSSION ON THE OCCASION OF 6 NATIONAL ABORTION DAY

The theme for the panel discussion was "Abortion is an essential service during COVID19". Reproductive Health Right Working Group (RHRWG) organized the panel discussion. YoSHAN was invited to be in the panel to provide the insight on impact of COVID on young people and their activism towards ending abortion stigma.

Panelists:

1. Dr. Bhim Singh Tilkari, Director- Family Health Welfare Division
2. Ms. Bandana Rana, Vice- President, CEDAW Committee
3. Ms. Shanta Bhandari, Secretary- Women Commission
4. Popular Gentle Bhusal- Country Director- Ipas Nepal
5. Sabin Shrestha, Acting Director- FWLD
6. Shreejana Bajracharya, Co-founder- YoSHAN



PODCAST

SAFE ABORTION THROUGH GENDER LENS

YoSHAN reached out to the focal person from Good Health. Good Health is an initiative in social media platform to educate people on various aspect of health through inspirational health stories.

Recently, they on-aired their podcast on Sexual and Reproductive Health where issue of abortion was also discussed. We realized the information on abortion was more through technical aspect. Since the social media platforms of Good Health has high reach and most of it's viewers are youths, we thought to contact them and work in collaboration for a podcast dedicated to safe abortion through gender lens.

Our core team member Anjila Thapa joined the Good Health team and recorded a podcast to discuss more on Safe Abortion with human right aspect. The podcast has 15,293+ views in Instagram only in Good Health Instagram. The podcast has been widely shared and the response is amazing.

Abortion in Nepal



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