



Vietnam Youth Action For Choice

# VYAC Highlight Activity 2017

<https://www.facebook.com/vyac.srhr/>

# BACKGROUND

**VIETNAM YOUTH ACTION FOR CHOICE** (VYAC, Vietnamese: *Thanh niên hành động vì sự lựa chọn*) is a country advocacy network in Vietnam which has been established since November in 2016 with mainly support from Asia Safe Abortion Partnership. VYAC gathers diverse and youthful young people nation wide who commit to promote freedom of choice to sexual and reproductive health and rights in national and regional level for all.



Happenis

## VISION

A society in which Vietnamese youth have rights to freedom of choice in sexual and reproductive health and rights.

## GOAL

To develop nuclear members to become a diverse and strong network for an enabling environment of sexual and reproductive health and rights.

Vajoyna



Mai Doan To Thuy  
SRHR Technical and M&E Coordinator



Le Hoang Minh Son  
SRHR Technical & Communication Coordinator



Nguyen Thi Thao  
SRHR Technical and Financial Coordinator



## Management Board



Quach Hoang Cong  
Sports Technical Advisor



Phan Bich Thuy  
SRHR Technical Advisor

## Advisory Board



# COMMUNITY ACTIVITIES

## Training course on Sexual and Reproductive Health and Rights at Da Nang University of Medical Technology and Pharmacy

18 – 19/03/2017, Da Nang

- **Partner:** Da Nang University of Medical Technology and Pharmacy (DUMTP)
- **Sponsors:** IRIS English Center, ASAP
- **Participants:** 20 medical students



The second training course of VYAC was more effective than [the first course](#) in Thua Thien Hue province. Participants had more hands-on experience on community facilitating and were introduced new updated knowledge such as the gender unicorn or the acceptance of patch as a contraceptive method in Vietnam National Guideline on Sexual and Reproductive Health in the new version of 2016.

## Summer Camp: Youth Engagement Strategy



When VYAC reached its first anniversary, all network members were together gathering to reflect the achievements and difficulties after a year of establishment as a new young national network on SRHR. Once again, two and a half days of direct mentorship and intensive hands-on training on community facilitating, leadership and communication including social media skills were conducted with a lot of enthusiasm of participants.

25 – 27/08/2017, Lang Co



**Number of participants:**  
**20 medical students**

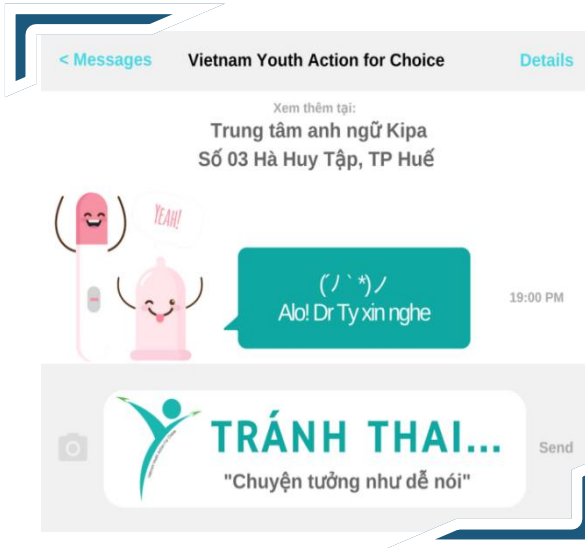


We spent one full day to re-structure and enhance our network strategies, developed the theory of change and launched operational methodologies for VYAC. It was a great opportunity for all core member to be united and engaged in building their own network in order to boost the SRHR's solution forwards.

# COMMUNITY ACTIVITIES

## VYAC Talk: “Birth control: as easy as pie”

31/08/2017, Thua Thien Hue



Participants were introduced 4-step “From Safe Sex to Safe Abortion” strategy in order to have open-mindset while talking about contraception and safe abortion. Participants got the real experience on female and male condom training models and Q&A about contraceptive methods shared by Dr. Mai Doan To Thuy – SRHR Technical Coordinator of VYAC.

## HIV event for S.O.S Children’s Village.



26/11/2017  
Thua Thien Hue

**Partner:** Football for all in Vietnam  
**Number of participation:**  
56 children aged 6-11



Through the painting time and ball game activities, children were learnt about the meaning of red ribbon and awareness of ending the HIV discrimination.

# COMMUNITY ACTIVITIES

## Vychoice Scholars – Towards the 9APCRSHR Conference.

With the small grant of ASAP, VYAC was able to organize a competition with 2 rounds, and selected 6 Vychoice Scholars to attend the 9th Asia Pacific Conference on Reproductive and Sexual Health and Rights (APCRSHR) which was held in Vietnam on November 27th – 30th 2017.

One month before the conference, 6 excellent Vychoice Scholars were given an intensive mentorship program by VYAC management board. The program was included three lessons about ICPD and how APCRSHR started; Gender, sex, and related issues; Human Rights. Besides, with the support from VYAC leader board, 6 Vychoice Scholars produced a video named: [Towards Sexual and Reproductive Justice](#) to introduce everyone especially young people around Asia Pacific Region the 9APCRSHR Conference.

At the ASAP Booth, VYCHOICE scholars team had chances to introduce ASAP and VYAC to more than 200 visitors. In additions, the conference delegations also received gifts (ASAP key chains, pen, and safe abortion messages stickers) after joining our games such as SRHR quizzes, allies mapping, photo booth. Impressively, VYAC team members led some youth activities about safe abortion, and SRHR along with international youth delegations of the ASAP's Youth Champions. After the Conference Vychoice Scholars shared their [thoughts](#) and [9APCRSHR memory video](#) to motivate other VYAC members as well.



## Online Campaign

### #Valentine's Day: 4-safe-step strategy

Vietnam Youth Action For Choice

**4 STEPS BEFORE EVERYTHING HAPPENS**

- 1** **HAVING CONSENT AND BE READY**  
ASKING YOURSELF AND YOUR PARTNER IF YOU ALL UNDERSTAND WHAT WILL HAPPEN NEXT
- 2** **USING AT LEAST ONE MODERN CONTRACEPTIVE METHODS TO PROTECT YOURSELF FROM STIs & PREVENT UNWANTED PREGNANCY**
- 3** **IF YOU MISSED STEP 2. USING EMERGENCY CONTRACEPTIVE METHODS AS SOON AS POSSIBLE. DON'T FORGET TO CONSULT YOUTH-FRIENDLY HEALTH PROVIDER**
- 4** **MISSED OR FAILED AT STEP 2 & 3 YOU HAVE YOUR RIGHT TO DECIDE TO HAVE AN ABORTION OR KEEP IT. IF YOU DECIDE TO HAVE AN ABORTION LET'S GET A SAFE ONE**

#SAFESEXABORTIONLIFELOVE #HAPPYVALENTINE #VYAC

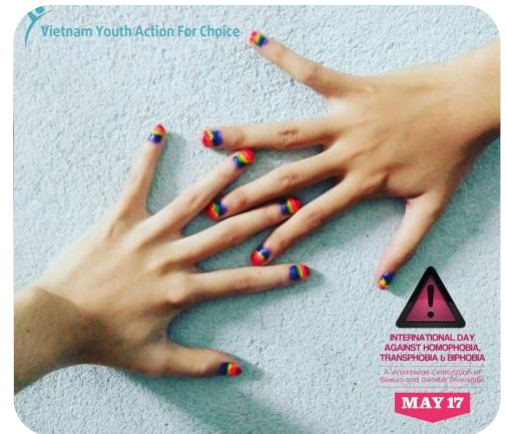


We proposed the 4-step strategy: From Safer Sex to Safe Abortion on 14/02 to raise public awareness of having a safe day together.

# Online Campaign

## #Coloryournails: International Day against Homophobia, Transphobia and Biphobia:

With the message "Love makes a family", VYAC conducted the Color Your Nails campaign in which LGBTQ supporters painted their nails in 6 colors as in LGBTQ's flag. We got actively response from 3 cities Hanoi, Hue, and Da Nang.



## #MAY28: International Day of Action for Women's Health



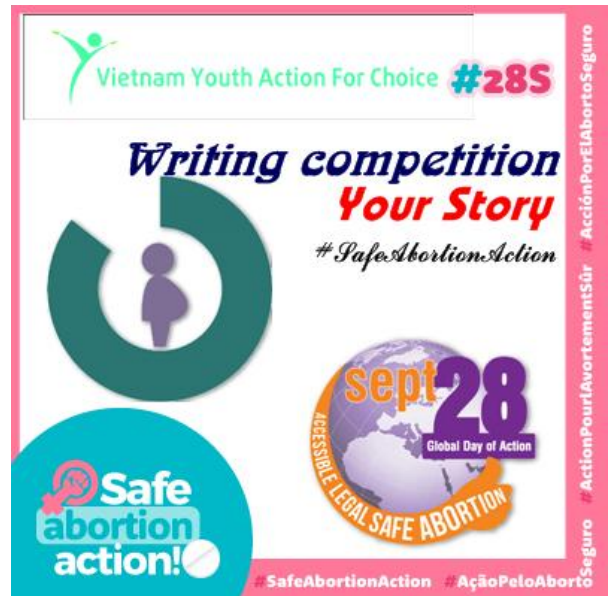
In order to emphasize women's health, we encourage people to share their thoughts and we got messages on gender-based violence, safe abortion, gender equality, and contraception.



# Online Campaign

## #September28: International Safe Abortion Day

"Resist and Persist" was a theme of our storytelling competition aiming to share abortion's stories.



## #October20: Vietnamese Women's Day

YVAC conducted a small survey by asking many people from different walk of life: Who does the housework in their families? Then we got [a video](#) filmed the survey and messages from husbands who stands for the equal sharing of household work.



Who should do household chores?

