



## **May 28<sup>th</sup> International Day of Action for Women's Health**

Since its inaugural launch in 1987, May 28th has been recognized as the International Day of Action for Women's Health by several governments, various international agencies and multiple civil society organizations around the world. This May 28th we called upon governments and the international community to ensure a holistic, inclusive, and human rights-based approach to women and girls' health in the Post-2015 Agenda. Following is a brief report of actions taken by our youth champions

### **Nepal**

On May 28<sup>th</sup> International Day of Action for Women's Health Bhaktapur Youth Information Forum along with ASAP Youth Champions of Nepal prepared dignity kits for pregnant women, lactating mothers and adolescent girls. Every woman has right to have safe and healthy pregnancy, delivery and menstruation. 28th May is also Menstrual Hygiene Day, BYIF and youth champions prepared usable homemade sanitary pads. Sanitary pads were also included in the kit. #Womenhealthmatters



They assessed one of the highly affected areas in Kathmandu during earthquake in Nepal, Sakhu; they collected names of pregnant women, lactating mothers and adolescent girls and distributed 100 dignity kits to women in Sakhu area.

### **Sri Lanka**

Access to safe and legal abortion is a basic human right that is often violated and contested. We condemn how governments and religious interpretations still decide on women's bodies. Abortion is a personal decision and women should be able to seek abortion services with dignity. It is important that we do not believe in myths and control women's bodies. Trust women Respect them and their choices! 'Ultimately, political action can be effective only if women believe in and own their rights'. ASAP youth champions organized an online campaign on Facebook where youth from across Asia were invited to share photos with

slogans supporting women's right to sexual and reproductive health  
#FutureWeWant #WomensHealthMatters #SRHR4ALL #May28  
Read more here- <https://sarahsoysa.wordpress.com/2015/06/01/future-we-want-womenshealthmatters-srhr4all-may28/>



For more images visit:

[https://www.facebook.com/sarah.n.soysa/media\\_setset=a.1020559155408658.8.1073741871.1185145264&type=1&pnref=story](https://www.facebook.com/sarah.n.soysa/media_setset=a.1020559155408658.8.1073741871.1185145264&type=1&pnref=story)

ASAP Youth Champion Lakmini Perera also contributed a blog post on the day, read it here <http://asap-asia.org/blog/why-do-sri-lankan-women-need-access-to-safe-legal-and-affordable-abortion-services/>

## Nepal

Sensitization sessions in three major medical colleges and universities, which lies in the eastern region of Nepal

The main purpose of these programs was to-

1. To assess awareness on May28 and post 2015.
2. Sensitize students and increase their understanding on International day

of Action of Women's Health and its importance.

3. Mobilize them in their own capacity especially on social media for celebrating May28.



## Tweetathon

 **ASTRA Network** retweeted a Tweet you were mentioned in May 28  
May 28: RT if you are celebrating #May28 Intl #DayofAction for  
#WomensHealth Follow @ARROW\_Women @AstraNetwork  
@asapasia  
@tarshingo  
@samsar4  
{ }



**Smriti** @SmritiSthapa · May 28

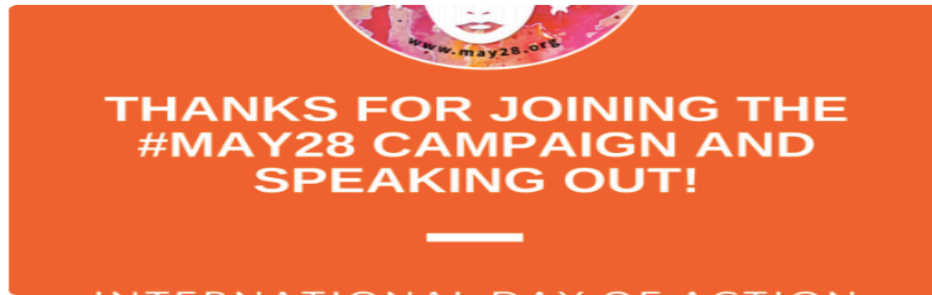
Access to full range of contraception. May28 #WomenHealthMatters #Post2015  
@IntlWomen @asapasia @WGNNews





WGNRR @WGNRR · May 29

shout out to @ARROW\_Women @SRHRforALL @tarshingo @samsar4 @LPrabani @Shirkat\_Gah @safe2choose @SarahAshaya @asapasia



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View photo



TARSHI favorited a Tweet you were mentioned in

May 29

May 29: @WGNRR Thank you for the wonderful resources!

@ARROW\_Women @SRHRforALL @tarshingo @samsar4 @LPrabani

@safe2choose @SarahAshaya @asapasia



TARSHI



Shirkat Gah @Shirkat\_Gah · May 29

@WGNRR Thank you for the wonderful resources! @ARROW\_Women

@SRHRforALL @tarshingo @samsar4 @LPrabani @safe2choose @SarahAshaya

@asapasia

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View conversation



Krishti Aung Leona favorited a Tweet you were mentioned in

May 29

May 29: #WomensHealth is much more than #maternalhealth

@SouvikPyne #May28 #WomenHealthMatters @asapasia

pic.twitter.com/o4p6iqp1xY



Dakshitha @dakki\_16 · May 29

#WomensHealthMatters #May28 #youthchampions of @asapasia in Sri Lanka

#Ika #SRHR4ALL



Lakmini Prabani @LPrabani

#WomensHealthMatters @asapasia #YouthChampions

#Ika #May28 #FutureWeWant @SarahAshaya @dakki\_16

@askussl