

Debriefing on Leadership Development Workshop

And 4th IWAC 2019

9th March, 2019

D-YISA, ASAP



After three members of D-YISA, namely Manita Rai, Ugyen Dema and Wangchuk Dema (coordinator) had the opportunity to attend Leadership Competency Development Workshop in Bangkok, Thailand last month from February 17th-19th, it was a delightful moment for us to share our experiences with the rest of the members of the CAN on 9th March. Also, we briefly debriefed the members on the 4th International Congress on Women's Health and Unsafe Abortion which happened back to back from February 20th – 22nd and was attended by Ugyen Dema and Wangchuk Dema only.

Besides Manita and Ugyen, there were 13 members including 3 new members who joined us today because apparently they heard from their friends that D-YISA takes into consideration and actually discuss issues that many other youth groups do not talk about. Almost all of them are the students of KGUMs. The members present during today's meeting are as follows:

Sl.No	Name	College/Job	Contact number
1	Pema Tashi	Nurse	17480079
2	Sonam Choden	Student (KGUMs) 2 nd	16911387
3	Dechen Phurba	Student (KGUMs) 3 rd	17585942
4	Sonam Zangmo	Student (KGUMs) 2 nd	17996947

5	Sonam Zangmo	Student (KGUMs) 2 nd	17504772
6	Tabita Gurung	Student (KGUMs) 2 nd	77635200
7	Karma Choden	Student (KGUMs) 2 nd	17958004
8	Yeshey Dorji	Student (KGUMs) 1 st	17412800
9	Ugyen Phuntsho	Student (KGUMs) 1 st	17615839
10	Rinchen Dawa	Student (KGUMs) 1 st	17893591
11	Tshechu Dorji	Student (KGUMs) 1 st	17702988
12	Probin Yonzon	Student (KGUMs) 3 rd	17734290
13	Manita Rai	KGUMS graduate	17389247
14	Jamyang Choden	Volunteer (ex- warden)	17880301
15	Ugyen Dema	Student (High school)	17737488
16	Wangchuk Dema	Coordinator	17613386

Wangchuk Dema requested everyone to do a round of introduction and she briefly explained the objectives of D-YISA as a CAN under ASAP; 1. To start (open) conversations around abortion in the country, 2. To sensitize on the existing conditional laws on abortion in the country as hardly anybody knows about it, and lastly specifically aimed at these medical students, 3. To create awareness that health service providers have a huge and important role in making safe abortion (services) in the country completely legal and available. Then she moved on to the recent Leadership Competency Development Workshop and 4th IWAC in Bangkok. For the former, she handed over to Manita to talk about her learnings and experiences from the Leadership Competency Development Workshop.



Firstly, Manita acknowledged the fact that we (as a CAN and country) has a long way to go in creating a big support system for feminism to be able to thrive in. Then, she took us from Day 1 until Day 3 with key points that made it easier for everybody to understand. She clarified that not

all the leaders are or have to be dominating in nature but that there are different leadership styles that a person has or could adapt to in order to become a leader. If all the team members consists of D style, then it is a D (doomsday or disaster) for the entire CAN although it is not possible. She also mentioned that for a team (CAN) to strengthen or function successfully, we should not only rely on the leader or coordinator but to reflect on ourselves and our leadership style at an individual level. For what a leader lacks in, usually members should complement; for instance, if the leader is an I (influencing) but leaves out details and facts, it would be great if there is someone in the team who is a C (Conscientious). She added that no matter what profile a leader has, they always have to go through four stages of thinking, enabling, inspiring and achieving.

She also talked about setting goals with SMART tool which was also new to many of them. In order to achieve our goals, it is important that we prioritize the activities from our to-do-list when we have too much on our plate. She also showed them the prioritization tool. There was also a mention of the exercises that we did as groups and individually. Lastly, we told the young members that if they are interested, we could do more elaborative form of workshop of 1 day to understand the details of the DISC profiling and to carry out simple exercises to discover their leadership style and they expressed their interest.

Followed by Ugyen, she shared her learnings and experiences from the 4th IWAC. She informed the CAN members that she saw brilliant papers by activists and researchers and learnt that thousands of women worldwide die from complications of unsafe abortions each year. And thousands more suffer from permanent damage to their reproductive health. She also shared one main thing she could get from the entire conference was on self-managed abortions and that women can stay home and perform medical abortions if women have access to abortion pills which is safe as well. Also, how many countries are now using technology such as drones and robots to deliver abortion pills to women in the countries where abortion is illegal.

We also took the opportunity to share information on YAR in May and for now, we kept it open and asked them to nominate themselves or someone else for it and write an expression of interest. If we do not get anyone by tomorrow, the coordinator will nominate 3 by tomorrow evening and send the list to ASAP.

The overall meeting lasted more than 2 hours and although our main agenda for the meeting was to debrief the CAN members on the Leadership Competency Development workshop and the 4th IWAC, we took out some time to sensitize the 3 new members and a sort of reminder to the old members regarding the conditional laws on abortion in the country and why (Safe) abortion should be rights based. Also, the importance of understanding that a woman gets to decide what she wants to do with her bodies, her life and her future – shedecides.

It was interesting how young members shared personal abortion stories of women they know of. Three real stories and each story depicted different side of abortion; 1. The first story was how a high school student got pregnant and crossed borders to get an abortion and luckily, she caught hold of qualified doctor and had a safe abortion. 2. In the second story, a young woman had an

unwanted pregnancy and crossed borders to get an abortion, she had some complication but now is recovering. 3. The last one was about a 16 year old girl who got pregnant but her father forced her to have an abortion across borders and after six months, she died. The common thing among all 3 stories is that people went across borders to get an abortion and that there is big risk attach in doing so; landing an unsafe abortion and dying.

The conclusion that the young members derived was that abortions are happening and that girls and women are dying of unsafe abortions in the country. Overall, all of them look forward to working closely and actively for rest of the year. And lastly, we asked the members to write a learning or two and feedback if they have. So, following are the learnings or self-reflections that the young members of D-YISA had.

Review

We learned on Leadership style. We discussed short on ASAP, what they focus and some of the funding organizations. We looked into the conditions to fulfill safe & legal abortion. We learned new terms such feminism, gender, sex etc.

I personally found this short meeting a ~~was~~ worth attending. The information on SMART, ~~DISS~~ DISC and priority on things are so beneficial. I look forward to attend ~~part~~ such programmes. And I get some lights about abortion and intersex feminism.

It was very interesting session. I got rebrief about gender, and feminism. I got to know and learn about the leadership styles/features.

Ashim is convincing so I am really interested in taking part in any programmes ~~set~~ related to issues such as feminism and safe abortion. (cause I am also a feminist)

Thank You For the session.

Lets Respect Rights of every individual!
course

- exam choden.

Personally, I found this meeting to be quite enriching at the same time interesting. I learned about ~~abortion~~ abortion and its 4 reasons or Crittion for ~~abson~~ abortion to which I had no idea previously. I also learned about intersex feminism and of course their right. It was quite fun to learn sth new and I hope to learn more about it.

The ~~class~~ get together was very informative. I was able to recollect what I have learned in the previous years and it made me a little more motivated to continue and participate in the coming activities with full swing.

Today's program was very informative and interesting. We got to learn about leadership competencies such as thinking, enabling, inspiring, achieving which I though is very important lesson in my life. I also learned about DISC profile, through which we can know what type of leader we are since we all have our own leadership quality. I also learned that for a group to function all these type are equally important.

Date:

Date: _____
✓ It was a very fruitful debriefing session. This session has planted a strong seed of interest in me to work on various aspects of youth related issues. I learned that it has shown light into the topics of feminism & abortion in specific.

It was very informative and interesting as usual. Of all, the touch on Development leadership program where DCS ~~was~~ as a tool to help decide what leadership program quality one possesses was very interesting and I am very much anxious to learn more about it.

I was always doubting about my leadership since it has been many a time that I have been leading a group. I had to reflect on myself on what qualities I had as a leader because what other others sees in me is always been my doubt and I always doubt that I am not being a right leader. But after hearing different leadership qualities, I feel confident in some part of me that leadership doesn't always have to be dominant and powerful. I got strength to believe in my leadership.

Date: _____
→ Learned on the leadership development in brief.
→ Leader does not need to be so dominating.
→ It can be, influencing
→ We also have to know, the importance of feminism.
→ Gender equality.
→ Abortion in bhutan, (legal cases)

Even after they wrote learnings and feedback, we had Yeshey Dorji (new member) send us one more message via email as shown below. It seems that he was very content with our meeting and debriefing.

 **yeshey dorji** <yesheyd17@gm... 7:43 PM (3 hours ago) to me ▾
Hi ashim...
Thank you for letting me one of your audience in today's brief meeting. Personally I found that the aims of this family are crucial. And we need to move forward. The knowledge I got today are so effective and thank you for further insight on abortion.